



# Purcell Mountain Farms

Dried Beans - Lentils - Exotic Rice - Grain - Flour - Chiles and more.

--- Healthy Food from Healthy Soil ---

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## Organic Black Mission Figs



A very firm fig with thick flesh. They are black to dark purple in color. When soaked they become a deep purple color. Famous for their distinctive flavor, mildly sweet. They make a tasty paste for spreads and fillings, or eat as is.



**These have more flavor and are sweeter than Calymirna or Conadria Figs.**

### Nutrition Facts

Serving size: 40 g

#### Nutrient Amount

Total Calories 112.7 Calories from Fat 1.9 Total Fat 0.21 g

Saturated Fat 0 Cholesterol 0 Sodium 4.9 Potassium 243.5 Carbohydrates 26.46 Dietary  
Fiber 4.88

Sugars 19.6 Protein 1.25 Vitamin A 3.91 IU Vitamin C 0.27 Calcium 53.2

Iron 1.23

- *Storage: Easily kept for reasonable periods of time. Best if kept in original container at a maximum temperature of 45 degrees F (7 degrees C), with a relative humidity of approximately 60%. May tend to sugar and darken in color (this is a natural process).*

## Organic Black Mission Figs

8 oz. - \$ 3.95	
1 lbs. - \$ 6.95	
3 lbs. - \$ 18.95	
5 lbs. - \$ 29.55	



## DRIED FRUITS

[Organic Goji Berries](#)

[Dried Malatya Apricots](#)

[Organic Sweet Dried Apricots](#)

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<a href="#"><u>California Tart Dried Apricots</u></a>	<a href="#"><u>Zante Currants</u></a>
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<a href="#"><u>Organic Halawi Dates</u></a>	<a href="#"><u>Date Pieces (in oat flour)</u></a>
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<a href="#"><u>Organic Dried Pineapple Rings</u></a>	<a href="#"><u>Thompson Raisins</u></a>
<a href="#"><u>Organic Thompson Select Raisins</u></a>	<a href="#"><u>Flame Raisins</u></a>
<a href="#"><u>Organic Large Prunes</u></a>	<a href="#"><u>Golden Raisins</u></a>
<a href="#"><u>Organic Pitted Prunes</u></a>	<a href="#"><u>Natural Tropical Fruit Medley</u></a>
<a href="#"><u>Organic Banana Chips</u></a>	<a href="#"><u>Large Black Raisins</u></a>
	<a href="#"><u>Whole Dried Strawberries</u></a>



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